

# CHIMES TIMES II

EACH ONE, REACH ONE

JUNE 2009

## AGENDA... FOR CHORUS BUSINESS MEETING

TUESDAY, JUNE 2, 2009

6:15 P.M.—6:45 P.M.

### OLD BUSINESS:

1. SING OUTS
2. COSTUMES
3. MEMBERSHIP
4. PUBLICITY
5. VACATION CALENDAR
6. FOLLOW-UP WITH WINERIES FOR SINGOUTS
7. JUNE BBQ—FLAG DAY

8. WOS DATES, DECALS & SIGN DISTRIBUTION

### NEW BUSINESS:

1. RELAY FOR LIFE
2. NASCAR SIGN-UP & VOLUNTEER LIST

### COMMITTEES:

WANT TO PRESENT AN IDEA TO THE CHORUS? GET ON THE AGENDA BY CONTACTING AD-HOC MEMBER JOYCE PALMER AT 273-1713.

### SPECIAL POINTS OF INTEREST:

- *Agenda for next business meeting*
- *Timeline of 2009*
- *The Importance of Membership*
- *Reminders*
- *Chimes Trivia*
- *Music Ed 101*

### CALENDAR OF EVENTS 2009:

- *June 2—Chorus Business Meeting 6:15 p.m.*
- *June 14—Drive-Thru Chicken BBQ, Stewart Park*
- *June 20—Ithaca City School District, Retirement Party, Holiday Inn, evening, time TBA*
- *July 10-11—Relay for Life Singout, day and time TBA*
- *August 6-9—NASCAR*
- *August 22—WOS*
- *Elks—Pigroast & VA Hospital, date TBA*
- *New Member Party—Dates to be determined*
- *More 2009 Singouts—Dates to be determined*

## TIMELINE 2009

February — Singing Valentines 2/13 & 14

June — Drive-Thru Chicken BBQ 6/14

July — Relay for Life 7/10-7/11

August — NASCAR 8/6-9; Whale of a Tag Sale 8/22

October — Drive-Thru Chicken BBQ 10/3

October- December — Christmas Chorus

## COMMITTEE REPORTS

### Committee A Report

Pat made a small Cayuga Chimes sign (cost \$25.00) for now to carry to sing-outs and other events so we have exposure. (If you visit Kinkos on State Street, their sign over their door reads "Signs Mean Business".)

Committee A has ordered 5 pairs of shoes to determine style and comfort for the cho-

rus, as part of the costume.

Costumes for the upcoming events are as follows:

Ithaca Festival—short sleeve blue blouse, tulip scarves, white pants, white hose, white shoes, white flower earrings.

June 14 Chicken BBQ—Red, white and blue theme for Flag Day. Costume committee is taking an inventory of

what is available in #36 garage.

June 20 Retirement Party—black pants, shiny sequined blouse with matching blouse, black shoes.

Committee A would like to set up a yearly budget, which will be submitted to the Executive Board for review and approval.

## CAYUGA CHIMES

361 Snyder Hill Rd.  
Ithaca, NY 14850

Phone: 607-273-0569  
Email: [gebean@aol.com](mailto:gebean@aol.com)

### WE'RE ON THE WEB!

[WWW.CAYUGACHIMES.ORG](http://WWW.CAYUGACHIMES.ORG)

#### REMINDERS:

*Costume fees are a once-per-year fee of \$35.00, due each January. Dues and costume fees can be paid in full at the beginning of each year. Dues can also be paid at the beginning of each quarter, or per month; dues are currently \$10.00 per month. Total cost is \$155.00 per year. Please remember to pay your dues if you are going to be away.*

*Planning to be absent? Please call Daisy Sweet if you are unable to attend a planned rehearsal. It will facilitate the group and the director's ability to plan the evening. Thanks!!*

*Bring your **tape recorder** to rehearsal!!*

## THE IMPORTANCE OF MEMBERSHIP

Do you know anyone who might want to feel better? Invite them to sing!!

When we sing, we can show deep feelings, which has an amazing release on stress levels. Singing makes us relax and takes our minds off whatever may be putting a damper on our spirits. A session of singing really makes us feel much better!

The medical profession strongly believes that singing is a good form of aerobic exercise for the abdominal muscles, the lungs and the circulation of blood. Singing with and without music is used by way of therapy for treating people who are suffering many kinds of physical, psychological or emotional illnesses or traumas, and is a regular component of treating those who have had strokes resulting in speech impairment. Singing is a great aid to communication, breathing and rhythm. So, spread the good news to everyone you meet!

### MUSIC ED 101

Continuing along the path of warm-ups, the 5 options: stretches, rhythmic, melodic, harmonic, breathing.

Let's explore rhythmic this month. These are warm-ups that can help particularly when the singer is practicing difficult rhythms in any specific piece. Rhythmic warm-ups can be vocal, but they can also be done with hands, feet or any rhythmic instrument.

Our "choreography" warm-up is a pretty good example of this. We begin by clapping a steady rhythm. The concept is to internalize the rhythm enough to complete the next physical pieces in succession so that it flows in the same rhythm without verbally counting or continuing to make a clapping sound.

### CHIMES NOTE

New mailing address for the Chimes is:

P.O. Box 4522

Ithaca, New York 14852

**NOW IS A GOOD TIME TO RE-VISIT OUR BY-LAWS.**

**DAISY IS LOOKING FOR VOLUNTEERS FOR THE NOMINATING COMMITTEE FOR OFFICERS FOR NEXT YEAR.**

## COMMITTEE REPORTS (CONT'D)

Possible sing-out at Six-Mile Creek December 5th—holiday music. More information to follow.

#### Committee B Report

Committee B has re-grouped and is working on finding places to advertise our upcoming events. Ruth Morgan is contacting a list of local merchants to see whether or not we might post our flyers at their establishments.

Postcards and flyers are available for the spring chicken BBQ. Postcards are available for donations for the Whale of a Tag Sale in August.

The committee is working on an addition/revision to the current tri-fold brochure, which

would include a membership concept—a checklist of things a prospective member might be interested in.

Ruth is checking with Debbie Miller at the Ithaca Journal to see if we can get our BBQ advertised in the local section free of charge. Carol will check with Cindy Graff to see if we can get a radio PSA for the June BBQ. Donation letters are being developed for soliciting items for our BBQ.

Treasurer's Report: Current count is \$1200.00, give or take.

Ad Hoc: JoycePalmer reported that no one had approached her this month with specific concerns.

Fundraising: Committee con-

tinues to pursue places to advertise our events. There will be handouts for the Ithaca Festival for upcoming BBQ and WOS.

Director: The new Chimes logo needs to be approved so we can move forward.

Lead sectional will be June 8th at Eric's place—368 Main Street, Newfield. Tenor sectional is scheduled June 15th.

Reminder! Starting June 30, rehearsals will be at Conifer Village—200 Conifer Drive, just off Rt. 79 going toward Mecklenburg.

BBQ money and tickets need to be in by June 9th!

Welcome Gwendolyn—it's such fun singing with you!

## AUNT ABIGAIL'S ADVICE

*Got this letter recently:*

*Dear Auntie,*

*I've got to leave town in a hurry (no need to go into the why's and wherefor's) and I need to dump—I mean unload—a lot of extras; curtains, furniture, dishes, etc. Got any ideas who could lend me a hand?*

*Perplexed*

*So, I responded:*

*Dear Perplexed,*

*Don't you fret none, honey. I have just the answer for your troubles. Call Daisy at 273-0569 or e-mail [gebean@aol.com](mailto:gebean@aol.com) and a helping hand will be lent to you. You'll leave town knowing you contributed to a worthy cause, and we won't tell anyone which way you went!*

*That's my advice.*